

# Trauma Informed Presentation



There has been a growing interest locally and across the country about the impact of trauma across an individual's life span, and the importance of taking a trauma-informed approach to building resilience and supporting people with trauma histories. Some states and the federal government have employed a variety of policies to prevent and address trauma experienced by children, adults, and communities, and to encourage the adoption of trauma-informed approaches to care.

## At this presentation you will learn:

- ❖ What is trauma
- ❖ What it means to be trauma informed
- ❖ How adverse experiences affect emotional and physical health
- ❖ The impact of trauma on society
- ❖ What is resilience and what can do

**When:** Tuesday, April 16<sup>th</sup> at **12 pm, 1:15 pm, or 6:30 pm**

**Where:** Community Place on Washington, 61 East Washington Street, Elizabethtown

**Who should attend:** All community members; adults, parents, people who come in contact with the public through their employment (health care, service, faith based, education etc.)

**Presentation by:** Amy McEvoy, EACTC

**RSVP to:** [amy@eactc.org](mailto:amy@eactc.org)

\*Held in conjunction with Narcan Trainings at 11am, 2 pm and 5:30 pm on April 16<sup>th</sup>.

